AZOA 2017 Spring Congress: Heads Back to Loews Ventana Canyon Resort

This year’s Spring Congress is being held April 21-23 at the truly spectacular setting of the Loews Ventana Canyon Resort where you can walk out the back doors and step into the natural beauty of the Sonoran desert. Inspired by nature and the surrounding saguaro cactus, architect John Hill constructed the resort to blend into the southwestern landscape.

From the moment you arrive at the luxury resort in Tucson, you are greeted with a magnificent view of the Catalina Mountains and indigenous saguaro cactus in every direction. With the distinct Sonoran desert smell filling the air around you, you get a sense that Loews Ventana Canyon is a luxury hotel unlike any other. Here, you’ll find amenities and services that make you feel like you’ve just checked into paradise. During your stay, they encourage you to enjoy the sunshine, the miles of hiking trails, the 80-foot waterfall, and all of the other relaxing, indulgent offerings.

The breathtaking spa resort in Tucson has something for everyone. From kids’ activities to spa treatments and championship golf, your family will never run out of things to do. Loews Ventana Canyon offers close proximity to the University of Arizona and to many other activities, making it ideal for convenient Tucson travel. Kick back, relax, enjoy your travel experience, and let Loews take care of the rest.

The 2017 Spring Congress noted faculty will be presenting 15 hours of COPE-approved CE, and includes:

- Dr. Arthur Epstein
- Dr. Wendy Harrison
- Dr. Brianne Hobbs
- Dr. Susan Kovacich
- Dr. Kaila Osmotherly
- Dr. William Townsend
- Tucson VA Residents: Drs. William Kusek, Danielle Chambers, Suzzane Li, Catherine Dee, Emily Huynh & Sean Rowan

Hotel reservations should be made by 3/30/2017 in order to receive the AZOA negotiated rate (subject to availability). The early registration deadline for CE is 3/31/2017. Please visit http://www.azoa.org/Connect to register or to download the brochure.
Hello fellow AZOA members,

Our goal at AZOA is to bring value to our membership. That value comes in many different forms including our legislative efforts, continuing education, giving back to the community, and social events. In addition to our Spring/Fall Congresses, and the Bronstein Contact Lens & Cornea Seminar, in an effort to bring more value to our members: AZOA is beginning evening CE events starting this Spring!

When planning these events, there were three goals:

1) Quality COPE approved CE from great speakers
2) Great venues with wonderful food
3) Offer this at a low price that all our members appreciate.

I think we have done all this with our first evening CE meeting coming up:

Tuesday, May 16th, 2017 at the Mesquite Grille @ McDowell Mountain Golf Club

10690 EAST SHEENA DRIVE
SCOTTSDALE, AZ 85255
PHONE: (480) 502-8200
Sponsored by our friends at Alcon

With Dr. Marc Bloomenstein giving 3 hours of COPE CE

BRING A NON-MEMBER (and you both get in for free!)

For this first event, as a reach-out to potential members, we are asking you to help us. If you can sign up a non-member to come to the event, you both get in for free.

It’s easy to sign up, just check out the CE/Events tab on the AZOA website (http://www.azoa.org/Connect) to register or go to AZOACE.org. If you can’t find a potential member to ask to come, you still get the reduced price for being a member. Space is limited so please sign up now!

We are excited to see you at this first event, and you can look forward to more evening events at different locations in the future to continue to bring value to your membership.

Connect, Evolve and Thrive.

AZOA President, Dr. Todd Smith
AZOA MEMBER NEWS

AZOA Welcomes NEW MEMBERS!
(since January 2017)

Daniel Bray, OD
Joanna Cammenga, OD
Danielle Chambers, OD
Eric Chen, OD
Shenita Freeney, OD
Craig Goldman, OD
Jason Klepfisz, OD
Michael Lundquist, OD
Kenneth O’Daniel, OD
James Ruch, OD
Joe Thomas, OD

2016 - 2017
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SAVE THE DATE:

The AZOA’s Annual:  
“OPTOMETRY DAY AT THE CAPITOL - Lunch with Legislators”

Wednesday, March 29th, 2017  
Serving corndogs, chocolate-dipped strawberries and fresh-squeezed lemonade from 11AM-1PM on the Capitol Lawn.

We serve lunch to the legislators and their staff on the Capitol lawn. It is fun, sunny (we hope) and builds goodwill. Free parking at Wesley Bowlin Park on 17th Ave between Jefferson and Washington. Wear comfortable shoes and bring your nametag.

Volunteers are needed. Please RSVP to Annette at drhanian@completevisioncare.com  
We are trying to set up lunch dates between ODs and the legislator(s) in their districts.
The Arizona Optometric Association has added a new benefit for members included in your 2017 dues: a Basic listing on the Think About Your Eyes website locator (non-member cost is $250.00 per year). Please help maintain the accuracy of your Think About Your Eyes listing by verifying your address and information. On Monday February 13, an email containing your practice listing AND your USERNAME for your account was sent to AZOA members from Think About Your Eyes. Please click the link provided in the email (button that says Complete Registration)

IF YOU DID NOT RECEIVE THE EMAIL FROM TAYES, PLEASE EMAIL THEM AT info@thinkaboutyoureyes.com AS THEY MAY HAVE AN INCORRECT EMAIL ADDRESS FOR YOU.

You will need to create a new password for your account to complete your registration. Once logged in, click on ‘Listing’ to make changes to the information on your search tile.

Make sure your office contact information is accurate on the locator. Since TAYE’s national launch, over 3,000,000 patients have visited the site.

Thank you again for supporting Think About Your Eyes!
Midwestern University is listed in the top 10 Most Affordable OD Degrees on bestmedicaldegrees.com!

In 2014, the U.S. Bureau of Labor Statistics released its occupational outlook for professionals in the field of optometry. Requiring a doctoral or professional degree, the Doctor of Optometry (OD), this career has an impressive 10-year job outlook of 27% overall and an estimated 11,000 jobs before 2024. Doctors of Optometry earn a median average of $108,900 (as of 2015) with an upper range of $187,200 dependent on locale. The reputable rankings provided by U.S. News and World Report rates optometry #9 in its Best Healthcare Jobs in the nation with a 1% unemployment rate.

7. MIDWESTERN UNIVERSITY

The Chicago College of Optometry is part of Midwestern University and offers a Doctor of Optometry degree. The college holds accreditation from the Accreditation Council on Optometric Education (ACOE) of the American Optometric Association (AOA) and Midwestern University is accredited by the Higher Learning Commission. Midwestern University has been recognized by US News and World Report. Midwestern has two campuses for its optometry colleges, one in Downers Grove, Illinois and Glendale, Arizona; and, was founded in 1900 with the Chicago College of Optometry opening in 1986 and the Arizona College established in 1995.

General curriculum offerings are: basic, behavioral, and clinical sciences, pre-clinical simulation labs, licensing board simulation rooms, community clinical rotations, National Boards preparation courses, optometry business management courses, local and national external rotation sites, etc. An undergraduate degree is required and the optometry program prerequisites are required in biology, anatomy, physiology, microbiology, psychology, among others.

Program Length: 4 Years
Estimated Tuition Cost: $158,048 (Arizona College); $158,880 (Chicago College)
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The AzOA Membership Committee has been working to develop more programs and opportunities for our current members, while trying to provide more visibility and encouragement for membership, to OD’s who are not yet members.

We are excited about our upcoming continuing education PREMIER EVENT OF THE YEAR on Tuesday, May 16, 2017 at The Mesquite Grille in Scottsdale. This meeting will provide 3 hours of COPE CE and is sponsored by Alcon and Dr. Marc Bloomenstein. We are encouraging members to bring a non-AzOA-member and attend for FREE. Our goal is to provide quality CE while encouraging all O.D.’s to join their Association and make us stronger and UNIFY OUR PROFESSION.

We are also working together (with Annette Hanian and the Legislative Committee) to help educate all OD’s throughout the state of legislation that could impact their profession. By supporting AzOA, we are showing the legislators that we are a unified group. There hasn’t been a more crucial time as now to do this.

We are also planning several programs and meetings with the students at Midwestern University. Some of these include:
Day at the Capitol/Wed, March 29 (11 AM - 1 PM) at the Capitol in downtown PHX. Residents Day/Sat, April 29 (9-5 PM) at MWU will have approx. 100-150 STUDENTS & PROFESSORS! 
AZOA Sponsored Graduation Dinner - end of May 
Practice Info Night - local OD’s in various types of practice sit at different round tables while 4th year students rotate after dinner to ask questions about the different types of practice 
First Year Welcome Dinner - August

AzOA, and the Membership Committee thank all of you who support the Association. If you know of a colleague who is not a member, invite them to the CE Event in May. And, please let them know of the importance of membership and the Association. ■

Dee Dee Bark, AzOA Membership Coordinator 
Armanae Mancha, O.D., Membership Committee Chair
ACROSS THE COUNTRY

AWARDS AND HONORS

Arizona
Donald Jarnagin, O.D., recently retired as dean of Arizona College of Optometry at Midwestern University. Prior to being appointed as an interim dean and educator at the Arizona College of Optometry in 2007 and dean in 2010, Dr. Jarnagin was actively engaged in private practice for 37 years in Glendale. Locally, he was known as a champion of affordable eye care for low-income patients, and the Special Olympics. He served as president of the Arizona Optometric Association (AZOA) in 1977 and the AOA in 1995. In recognition of his contributions and outstanding services throughout these years, he was selected as the 1980 Optometrist of the Year by the AZOA and the 1993 Great Western Council of Optometry (GWCO) Optometrist of the Year. In 2016, Dr. Jarnagin was presented with the GWCO Lifetime Achievement Award for his leadership, support and contributions to the profession over the past 50 years.

Illinois
The Illinois Optometric Association (IOA) recently honored three of its members.

Dennis Brtva, O.D., was chosen as the Illinois Optometrist of the Year at the 2016 IOA Convention in September. This award recognized Dr. Brtva’s longtime commitment to optometry, IOA and AOA.

Nicole Jensen, O.D., was chosen as the IOA’s Young Optometrist of the Year. This award acknowledges Dr. Jensen’s work thus far as the IOA journal editor and other activities she has embraced, and points to her bright future ahead.

The IOA also installed Christine Allison, O.D., as its 2016-2017 president. “We have a number of key projects to accomplish this year ... and I could not be more thrilled to have such a strong and dedicated team supporting our efforts,” Dr. Allison says of her upcoming presidential year.

Indiana
In October, Indiana Optometric Association (IOA) Executive Director Jim Zieba was promoted to the rank of colonel in the United States Army. Zieba has served with distinction in the Indiana National Guard for 21 years, including one year as judge advocate. He has been deployed twice, to Bosnia and Afghanistan. Zieba has served as the executive director of the IOA since 2005.

Mississippi
The Mississippi Optometric Association (MOA) recently recognized five of its outstanding members at its annual 2016 Fall Conference.

Steven T. Reed, O.D., AOA trustee, is the James Brownlee OD of the Year. Dr. Reed is a past president of the MOA and a graduate of the University of Southern Mississippi and the Southern College of Optometry.

Tonyatta Hairston, O.D., received the OD Community Service Award. In addition to her responsibilities as MOA president, she is active in her community through the Junior League of Jackson, Dress for Success and Operation Shoe String. Dr. Hairston also serves as a mentor to numerous students of optometry through the University of Alabama at Birmingham.

Ryan Wally, O.D., is the Helen St. Clair Young Optometrist of the Year. Dr. Wally is a graduate of the University of Mississippi and the University of Alabama at,
<table>
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<tr>
<th>Time</th>
<th>Event</th>
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<tr>
<td>1PM-5PM</td>
<td>Registration (please note that registration does not open until 1pm)</td>
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<tr>
<td>2PM-5PM</td>
<td>ONE...TWO... THREE... Ready for Optic Nerve Anomalies?/Harrison, Hobbs, &amp; Osmotherly/pending</td>
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<tr>
<td>5PM-7PM</td>
<td>Boots 'n Beers - Exhibit Hall &amp; Cocktail Reception</td>
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<td>7PM</td>
<td>Dinner on Own for Attendees</td>
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<td>8PM-11PM</td>
<td>Registration and BAUSCH &amp; LOMB SPONSORED BREAKFAST/PRESENTATION</td>
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<tr>
<td>10AM-12PM</td>
<td>The Ups and Downs of Irregular Astigmatism/Kovacich/52493-CL</td>
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<td>11AM-1PM</td>
<td>Depress Your Patients Diagnosing Managing Vitreoretinal Anomalies/Townsend/49989-PS</td>
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<td>1PM-3PM</td>
<td>Daily Disposable Contact Lens Update/Kovacich/52493-CL</td>
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<td>3PM-4PM</td>
<td>STDs and the Eye/Kovacich/49650-SD</td>
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<td>4PM-5PM</td>
<td>AZOA Business/Membership Meeting</td>
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<tr>
<td>5PM-8PM</td>
<td>Cocktails/Dinner/AZOA Awards Presentations</td>
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<tr>
<td>7PM</td>
<td>Dr. Dave Coulson’s New President’s Reception - President’s Suite</td>
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<td>8PM</td>
<td>Please join us at the reception honoring Dr. Dave Coulson as the 2017-2018 President of the AZOA! Have a cocktail and mingle with some of your fellow Optometrists at this event which is always a crowd favorite!</td>
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<tr>
<td>9AM-10AM</td>
<td>Thyroid Disease and the Eye/Townsend/46465</td>
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<tr>
<td>10AM-12PM</td>
<td>Advanced Diagnosis and Management of Ocular Surface Disease and Tear Dysfunction/Epstein/47870-AS</td>
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<tr>
<td>11AM-12PM</td>
<td>Lunch on Own</td>
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<td>1PM-3PM</td>
<td>Tucson VA Residents Present: SAVAHCS Ocular Disease Grand Rounds: Front to Back/51831-SD</td>
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This course highlights various ocular disease processes. The differential diagnoses and clinical pearls to correct diagnosis will be discussed.

Case 1: How to Manage a Corneal Ulcer: From the Lost Art of Culturing to the Technology of Today
Speaker: William Kusek OD
Case 2: Reactivation of Herpetic Keratitis in the Form of Disciform Endotheliitis
Speaker: Danielle Gretz Chambers OD
Case 3: Investigative Discovery: Optic Neuropathy 2" Sphenoid Wing Meningioma
Speaker: Suzanne Li OD
Case 4: Occipital Porencephaly
Speaker: Catherine Dee OD
Case 5: Reopened Macular Hole: A Case Report
Speaker: Emily Huynh OD
Case 6: Disseminated Coccidioidomycosis with Clinical Presentation of Chorioretinopathy and Meningitis
Speaker: Sean Rowan OD
2017 Spring Congress Speakers

Dr. Arthur B. Epstein is a native New Yorker who grew up in the Bronx, NY; later moving to Great Neck on Long Island, NY. He now resides in Phoenix, Arizona. Dr. Epstein graduated from the City College of New York, CUNY, with a B.S. in psychology and received an O.D. degree from the State University of New York, State College of Optometry where he also served as the college’s first resident in ocular disease. Dr. Epstein co-founded Phoenix Eye Care, PLLC with his wife, Dr. Shannon Steinhäuser. Dr. Epstein heads the practice’s Dry Eye - Ocular Surface Disease Center and serves as its director of clinical research. Dr. Epstein is a prolific author who has published many hundreds of articles, scientific papers and book chapters. He is a contributing editor for Review of Optometry and executive editor of Review of Cornea and Contact Lenses. He founded and serves as chief medical editor of Optometric Physician, the first e-journal in optometry. Dr. Epstein is also a reviewer for numerous clinical and scientific journals. A sought-after speaker, Dr. Epstein has presented more than 1,000 invited lectures on a variety of eye care topics in the United States and throughout the world. He serves on the U.S. National Committee for worldwide eye care organization Optometry Giving Sight.

Wendy W. Harrison, O.D., Ph.D., FAAO came to Midwestern University after 10 years of clinical research in diabetes, glaucoma, and dry eye conditions. She completed her post-doctoral residency in cornea and contact lenses at Indiana University School of Optometry. She earned a Bachelor of Science degree in Biology from University of Notre Dame, and completed Master of Science (M.S.) in Vision Science and Doctor of Optometry (O.D.) degrees at Indiana University School of Optometry. She received a Doctor of Philosophy (Ph.D.) degree in Vision Science from the University of California Berkeley School of Optometry. Dr. Harrison received the Excellence in Graduate Student Teaching Award in 2010 from the University of California at Berkeley. She is currently a Fellow of the American Academy of Optometry (FAAO) and was an American Optometric Foundation Ezell Fellow in 2007 and 2008.

BriAnne Hobbs, O.D., FAAO joined the Midwestern University Eye Institute after serving as staff optometrist at Wake Forest University in Winston-Salem, North Carolina. Dr. Hobbs, a Missouri native, earned her Doctor of Optometry (O.D.) degree summa cum laude from the University of Missouri – St Louis, and completed her post-doctoral residency in ocular disease and low vision at the Kansas City Veterans Administration Medical Center in Kansas City, Missouri in 2011. She received a Bachelor of Science degree in biology from Harding University in Searcy, Arkansas, where she graduated summa cum laude. Dr. Hobbs is a Fellow of the American Academy of Optometry (FAAO), and is currently a member of the American Optometric Association (AOA) and the American Academy of Optometry (AAO).

Dr. Susan Kovach received her undergraduate and O.D. degrees from Indiana University. After graduation, she completed a hospital-based optometric residency at the John Cochran Veterans Administration Medical Center in St. Louis, Missouri. Following her residency, she practiced in St. Louis at a multidisciplinary clinic, then with a corneal specialist. In 1998 Dr. Kovach returned as faculty to the IU School of Optometry, where she is currently an Clinical Associate Professor in the Cornea and Contact Lens Clinic. Dr. Kovach is a fellow in the American Academy of Optometry and has been active in the American Optometric Association, Indiana Optometric Association, National Board of Examiners in Optometry, and Association of Optometric Contact Lens Educators. She has published in Optometry, Contact Lens Spectrum, and Optometric Management.

Kaila M. Osmotherly, O.D., FAAO Wyoming native, Dr. Kaila Osmotherly, joined Midwestern University after she completed her post-doctoral residency in family practice at the Northeastern State University College of Optometry in Oklahoma, where she focused on ocular disease. She earned her Bachelor of Science degree in Molecular Biology and Human Biology from Chadron State College in Nebraska, and her Doctor of Optometry, (O.D.) degree at Pacific University College of Optometry near Portland, Oregon. While at Pacific University, she was honored as a recipient of the Outstanding all Around Clinician Award. Dr. Osmotherly is a member of the American Optometric Association (AOA) and a Fellow of the American Academy of Optometry (FAAO).

William Townsend, O.D. FAAO is a graduate of the University of Houston College of Optometry. In addition to his private practice he served for eleven years as a consultant at the VA Medical Center in Amarillo, Texas. Dr. Townsend is currently an adjunct professor at the University of Houston College of Optometry, a preceptor for senior externs who rotate through his practice, and in 2015 he was named University of Houston College of Optometry Alumnus of the Year. Dr. Townsend conducts clinical research with special emphasis on ocular surface disease and dry eye. He is a fellow of the American Academy of Optometry and immediate past president of the Ocular Surface Society of Optometry.

Tucson VA Residents: The Southern Arizona VA Health Care System (SAVAHCS), based in Tucson, Arizona is a highly affiliated tertiary-care referral system serving veterans in Arizona, surrounding southwest States, and Mexico. The eye clinic at SAVAHCS is shared jointly between optometry and ophthalmology, which provides the residents with the opportunity to manage a spectrum of ocular disease. Additionally, SAVAHCS hosts the Southwestern Blind Rehabilitation Center, which provides world class programs for visually impaired veterans from seven western states. Low vision care is provided in both a comprehensive multidisciplinary inpatient and outpatient setting.

Dr. William Kusek - received a B.S. in Biology from Creighton University in Omaha Nebraska. He completed his Doctorate of Optometry at the Illinois College of Optometry.

Dr. Danielle Gretz Chambers - is an Ocular Disease optometry resident at the Sierra Vista Community-Based Outpatient Clinic. She received her Doctorate of Optometry from Southern College of Optometry in 2016.

Dr. Suzzane Li - moved to the United States from Taichung, Taiwan at the age of thirteen. She has been interested in the field of health care from a young age. She attended The University of California, Riverside, and earned a Bachelor of Science degree in Biology. She pursued her passion for medicine by attending Midwestern University Arizona College of Optometry.

Dr. Catherine Dee - received her Bachelor’s degree in Life Science from Arizona State University and went on to become a graduate of Midwestern University’s Arizona College of Optometry. She is a current Low Vision & Ocular Disease resident at SAVAHCS.

Dr. Emily Huynh - is currently an Ocular Disease/Primary Care optometry resident at the Sierra Vista Community Based Outpatient Clinic. She received her Doctorate of Optometry from Western University of Health Sciences College of Optometry.

Dr. Sean Rowan - received his doctorate of optometry from Midwestern University’s Arizona College of Optometry in 2016. He attended undergrad at Idaho State University where he received degrees in Mechanical Engineering, and Physics.
Above: Drs. Dave Coulson, Logan Ragan and few other AZOA volunteers staffed an information table at the Multiple Sclerosis Society’s February 4th Wellness & MS Expo. This conference brings together clients and members of the MS community to learn about wellness and alternative medicine options that are available. Our ODs provided information on how MS impacts the eyes.

Above: AZCOPT Students and some AZOA members met up on December 15 at Peoria Artisan Brewery at our inaugural AZOA/AZCOPT Students Night Out.
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