AZOA 2021 Fall Congress
November 12-14
Hilton Sedona Resort
90 Trail Ridge Dr, Sedona, AZ 86351
Featuring 14 hours of COPE-approved CE and a wild west themed exhibit hall on Saturday night!
**Friday, November 12**

9:00am  Dr. Bruce Bridgewater Memorial Golf Tournament at Sedona Golf Resort

12:30pm  Registration (please note that registration doesn’t open until 12pm)

1-3pm  Longevity through the EYE of the Beholder/Pelino/74232-SD
This course will explore the nature of genetics vs nurture and the role of the environment in longevity. It will describe lifespan and health span and correlate ocular findings to both. It will also describe the doctor on the definition of the metabolic syndrome and discuss the genes found specific for necessary life steps needed to achieve longevity in order to avoid cardiovascular, neuro-degenerative and cancer risk factors.

3-5pm  Neuro-Ophthalmic Disease in the Optometric Practice/Pelino/74233-NO
This course will present Optometrists with a review on important clinical neuroanatomy and physiology. Topics discussed will include brain tumours, meningitis, pituitary tumours, optic neuritis and pseudo tumour cerebri.

5pm  Dinner on Own

**Saturday, November 13**

7:00am  Registration/Breakfast - Please arrive at 7am for breakfast

8-10am  The Critical Link Between Vision and Overall Development/ Steele/73924-FV
The process of development begins at conception and ends at death. Vision plays a critical role throughout all of overall development. Inadequate development at any point in time may require habilitation or rehabilitation including in the visual process. This course will guide understanding of the process of vision development, its critical links to overall development, and steps to provide guidance to patients along their journey.

10am-12pm  Cornea vs Contact Lens/Sindt/74423-CL
This course discusses the physiological and physical challenges of contact lens fitting. Often, disease states pose (unexpected) challenges which are costly to in patient health, patient relationships and lens remakes. This course will serve as a care map for patient discussion, lens design and decision making

12:30pm  AZOA Membership Meeting/ Lunch

**Friday, November 12**

2-3pm  It’s Not About the Plastic! How to Manage Your Medical Contact Lens Patients/Sindt/74400-PM
Emotions and money make medical contact fitting very complex. This course discusses the both the patient needs, the practice needs, insurance and how to stay above it all for the patients and practice’s best interests.

3-4pm  Modern Ocular Topography: Tomography, Profilometry and Aberrometry/Sindt/75027-PD
Modern day topography is more complex and moving fast. There are many options and new equipment decisions to be made. This course discusses what options are available how to interpret the data and what this means to patient care.

4-5:30pm  Grassroots/Advocacy Workshop (non CE event): Hosted by Daniel Carey, AOA’s Chief Advocacy Officer for State Government Relations.
An immersive conversation discussing tips, tactics and strategies on ways to maximize your advocacy effectiveness and grassroots efforts that have been proven by OD’s just like you, in states all across the country

5:30pm  Dinner on Own

7-10pm  Wild West in the Exhibit Hall
Howdy Partners! Grab your party boots, jeans and 10-gallon hats as you saddle up your horses to travel back to the frontier days to join your fellow ODs and leading optometric industry partners/vendors in our WILD WEST themed exhibit hall. Western attire is encouraged as we giddy up for some networkingfunatourWildWestExhibitHallCocktailReception!

**Sunday, November 14**

7:00am  Registration/Breakfast - Please arrive at 7am for breakfast

8-9am  Diabetes 2020 and Beyond/ Chous/71115-SD
This course will consider the latest evidence for prevention of diabetes and diabetic retinopathy, including practical management strategies for optometrists.

9-10am  Sleep Disorders What Optometrists Need to Know/ Chous/71114-SD
This course will consider a range of sleep disorders and their impact on systemic health as well as ocular disease. Testing for sleep disorders will be discussed along with therapies for their improvement. Evidence linking hypersomnia, hyposomnia, and obstructive sleep apnea to diabetic retinopathy, AMD, glaucoma and OSD will be presented, along with environmental strategies to improve sleep quality and a range therapies for sleep apnea.

CONTINUED NEXT PAGE
This talk will consider multiple diabetes and diabetes-related eye disease case studies from an optometric practice specializing in diabetes care.

### 2021 Fall Congress Faculty

**Dr. Paul Chous** completed his undergraduate education at Brown and UC Irvine, and then received his Masters and Doctorate of Optometry degrees from UC Berkeley. Paul has a private practice specializing in diabetes eye care and education in Tacoma, WA. He is the author of Diabetic Eye Disease: Lessons From a Diabetic Eye Doctor, which was included in the “Top 12 Diabetes Books” by Diabetes Update magazine in 2004. He is editorial advisor to Review of Optometry and Optometry Times, AOA representative to the National Diabetes Education Program, Primary Investigator for the Diabetes Visual Function Supplement Study (DiVFuSS), and Adjunct Professor of Optometry at Western University of Health Sciences in Pomona, CA. Dr. Chous has had type 1 diabetes since 1968.

**Carlo J. Pelino, OD,** is a 1994 graduate of the Pennsylvania College of Optometry. In 1995 Dr. Pelino completed a PCO ocular disease residency at the John F. Kennedy Memorial Hospital in Philadelphia, where he concentrated in retina and neuro-ophthalmic disease. Dr. Pelino is currently a full time Assistant Professor at the Pennsylvania College of Optometry where he serves as the director of the optometric retina service at The Eye Institute and chief of the Chestnut Hill satellite clinic. In 2005 he completed a one year retinal fellowship emphasizing medical and surgical treatments under the direction of vitreo-retinal surgeons at Crozier-Chester and Riddle Memorial Hospitals in suburban Philadelphia. Dr. Pelino is a fellow in the American Academy of Optometry where he completed his two year term as the chair of the retina special interest group (SIG) in December 2020. He is one of the chief optometric advisors to Web MD as well as a strategic advisor to multiple industry companies. Dr. Pelino has worked with the University of Pennsylvania on two retinal research projects and recently completed a third project with the Vimetrics corporation. He regularly lectures in domestic and international programs.

**Dr. Christine W. Sindt** is a 1994 graduate of The Ohio State University College of Optometry. She completed a disease-based residency at the Cleveland Veterans Administration Medical Center. Dr. Sindt joined the faculty of the University of Iowa Department of Ophthalmology and Visual Sciences in 1995, where she is currently the director of the contact lens service and professor of clinical ophthalmology. She also serves as a consultant optometrist for the Iowa City Department of Veterans Affairs Medical Center. Dr. Sindt holds 7 US patents and has over 150 publications. She regularly travels to conferences, both nationally and internationally. She has had numerous funded research grants; her current research projects include elevation specific scleral lens design, higher order aberration control on contact lenses, ocular health associated with scleral lenses, and smart contact lenses. She has received multiple awards and recognitions. Dr. Sindt is the chief clinical editor for Review of Optometry and has served as associate editor for Review of Cornea and Contact Lens, an Optometry Times editorial advisory board member, and as a contributing editor for Contact Lens Spectrum. She also serves a peer reviewer for several ophthalmologic journals.

**Dr. Glen Steele** is a professor at Southern College of Optometry where he emphasizes care of the infant and child. He is a past president of COVD and the OEPF, and he is also a past chair of the AOA InfantSEE® and Children's Vision Committee. HE currently serves on the InfantSEE and Children’s Vision Committee and several other positions of leadership in both optometry and outside of optometry. He has lectured extensively throughout the USA and internationally in the area of infant vision development and care. He has numerous awards and in 2019, he was inducted into the National Optometry Hall of Fame.
Name: ____________________________  OE Tracker #: ____________

Please be sure to download the OE Tracker Mobile App by ARBO on your smartphone

Address: ________________________________________________________________

City: ______________ State: ______________ Zip: ______________

Phone: ______________ Email: ____________________________________________ required (print neatly)

Additional Guest: _______________________________________________________ (name badge will be produced only for pre-paid guest meals)

PACKAGE INFORMATION:

Complete Package: *(All CE and Meals Included)* Please circle one

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Daily Rate (Includes all CE, meals & events offered!)

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<tr>
<th>Day</th>
<th>Meals Included</th>
<th>Fri Nov 12</th>
<th>Sat Nov 13</th>
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<td>(Includes 4 hours CE)</td>
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Individual Guest Meals/Events (for spouses, guests, kids attending events)

- [ ] Saturday Breakfast $35 x _____ = $_______
- [ ] Saturday Luncheon $45 x _____ = $_______
- [ ] Sunday Breakfast $35 x _____ = $_______
- [ ] Saturday Wild West Exhibit Hall $20 x _____ = $_______

TOTAL REGISTRATION: $___________

Payment Information

- [ ] Enclosed is my check payable to the AZOA in the amount of $___________
- [ ] Please charge my credit card:  
  - [ ] Visa  
  - [ ] Mastercard  
  - [ ] American Express  
  - [ ] Discover

Card #: ____________________________  Exp. Date: _________  VCode: _________  Zip: _________

Mail Completed  Arizona Optometric Association
Form to:  8350 E. Raintree Dr. Ste 240
          Scottsdale, AZ 85260
          Ph: 602-279-0055

OR  Fax Completed Form to: (602) 264-6356
     QUESTIONS? Or to confirm receipt of form, Email: kate@azoa.org

NOTE - TO RECEIVE EARLY REGISTRATION RATE: Registrations must be received on or before October 22, 2021.
CANCELLATION POLICY: All cancellations must be in writing. In order to receive a refund of 100% of the registration fee (less a $25 cancellation fee), cancellations must be received prior to 10/28/21. No refunds after that date. Please note that pre-registration closes on 11/9/21. Registration can be done onsite after this date. Registrations are not accepted over the phone.

*THE AZOA NO LONGER USES PAPER CE CERTIFICATES AS WE ARE NOW USING ARBO’S OE TRACKER APP FOR SMARTPHONES*

   easy online registration: http://www.azoa.org/Connect
Dr. Bruce Bridgewater Memorial Golf Tournament

FRIDAY, NOVEMBER 12, 2021 @ 9:00 AM
SEDONA GOLF RESORT

No other Sedona golf course provides a better combination of jaw-dropping splendor and exceptional challenge. This 6,646 yard, par 71 course is widely considered among the world's most unforgettable golf experiences. Winding around the famed red rocks of Sedona, each hole provides a unique adventure and the views are breathtaking. Practice tees and putting greens offer the perfect opportunity to fine-tune your game.

The Shotgun Start will be at 9:00 AM sharp with check in at 8:30 AM. Spouses and guests are also welcome to participate! The fee per person is $95.

Are You Planning to Hit the Links in Sedona?
To register, please use the main registration form on the reverse side. If you would like to request a foursome, please indicate your grouping below and fax to 602.264.6356 or you may email kate@azoa.org.

Please make sure all players register.

1. _______________________________ 2. _______________________________

3. _______________________________ 4. _______________________________

* Please note: Start times may be delayed or cancelled if inclement weather conditions exist.*

STAYING AT THE HILTON SEDONA RESORT & SPA IN SEDONA, AZ
2021 Fall Congress / November 12-14
Hilton Sedona Resort & Spa - 90 Ridge Trail Dr, Sedona, AZ 86351
928-284-4040 / Use Group Code: AZOA
AZOA Rate is $249 a night if made by 10/10/2021 (room rate subject to availability)
ARIZONA OPTOMETRIC ASSOCIATION
8350 E. Raintree Dr. Ste. 240
Scottsdale, Arizona 85260
PH: 602.279.0055 / FX: 602.264.6356
VISIT US AT: WWW.AZOA.ORG

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